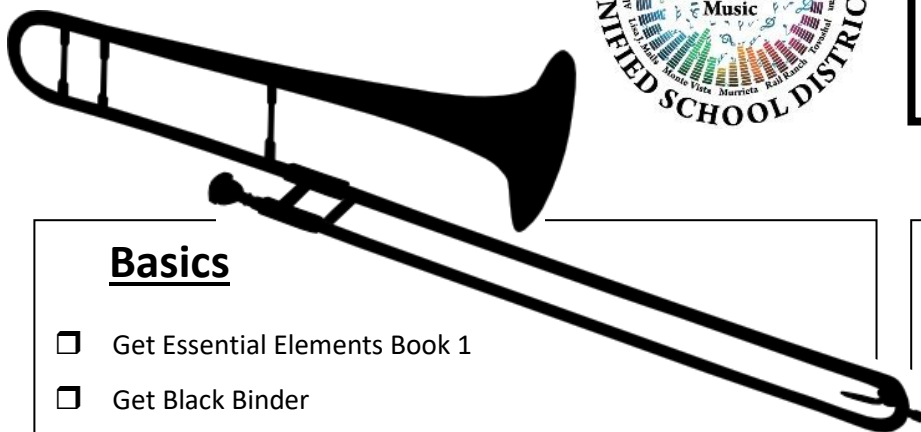




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Name



## Directed Practice Guide

The lessons below are used with "Essential Elements". Check off the box when you finish each item below. Your goal is to practice 2 hours each week.

### Basics

- Get Essential Elements Book 1
- Get Black Binder
- Get Instrument Accessories
- Read "The Basics" pages 2 and 3
- Demonstrate Proper Embouchure
- Demonstrate Proper Buzzing on Mouthpiece
- Demonstrate Proper Hand Position and Finger Placement
- Demonstrate Proper Articulation using your tongue
- Read "History of the Trombone" on page 1

### Performance

- All Music for December Concert
- Attend December Concert
- All Music for March Concert
- Attend March Concert
- All Music for District Concert
- Attend District Concert

#### Page 4

- F     Eb     D
- Quarter Note/Rest
- All Songs

#### Page 7

- Whole Note/Rest
- Key Signature
- All Songs

#### Page 11

- 2/4 Time Signature
- Tempo Markings
- Crescendo
- Decrescendo
- All Songs

- BONUS – any song past P. 14

#### Page 15

- ¾ Time Signature
- Accent Markings

#### Page 5

- C                       Bb
- Repeat Sign
- Time Signature
- Review the 5 notes
- All Songs

#### Page 8

- High G
- Fermata
- All Songs

#### Page 16

- Low Ab
- High Ab

- Reading notes without writing them in

#### Page 9

- Low A
- Pick-up Notes
- Dynamics
- All Songs

#### Page 12

- All Songs

#### Page 19

- Slurs

#### Page 6

- Half Note/Rest
- Breath Marks
- All Songs

#### Page 10

- Eighth Notes
- All Songs

#### Page 13

- All Songs

#### Page 14

- Ties
- Dotted Half Note
- All Songs

Successfully Completed ALL Lessons!  
Turn in the completed DPG to receive your certificate.